

First Look

Birthday music

The USAF band Touch-n-Go plays at 2 p.m. today at the Top of the Rock club ballroom.

AfE presents

Armed Forces Entertainment presents "Pearls of the Pacific" 7 p.m. Monday at the community activities center. The show features singing, dancing and the comedy of Kaulu. For more information, call the CAC at 2-4135.

Outages

Outages for AFN radio and TV will be 1-3 p.m. today and 9 a.m.-1 p.m. Sunday. AFN is working closely with contractors to limit the disruption. The radio and television service will be back on immediately upon completion of the equipment upgrades. Base computer network and DSN service will be out of service from 9 a.m.-9 p.m. Saturday in preparation of the change.

SRA BTZ

Two Team Lajes members have been selected for Senior Airman Below the Zone promotion: **Airman 1st Class Kara Boone**, 65th Mission Support Squadron and **Airman 1st Class Peter Saad**, 65th Civil Engineer Squadron.

Preflight

■ Days since last DUI.....229
■ DUIs since Jan. 1 one
■ Current AEF 1 & 2
■ Current FPCON Alpha
■ Combat Nighthawk: 1st Lt. Jerry Ottinger, 65th Logistics Readiness Squadron; **Master Sgt. Onofre Martin**, 65th Mission Support Squadron; **Master Sgt. Russel Henderson**, 65th Operations Support Squadron

Ambassador visit



Capt. Joel Bolina, 65th Civil Engineer Squadron and Maj. Michael Harner, 65 CES, explain to the Honorable John Palmer, U.S. Ambassador to Portugal, about the breakwater repair project going on while Col. Michael Silver, 65th Mission Support Group, observes. This was the ambassador's first visit to Lajes since taking office nearly three years ago. See story on page 3. (Photo by Staff Sgt. Michelle Michaud)

New power changes things at Lajes

by **Tech. Sgt. Renee Kirkland**
NCOIC, public affairs

The base power conversion to a local power source of 50 hertz is set to happen Monday-Wednesday. The transfer to commercially produced power will happen in shifts, according to program managers.

"The switch of power circuits, or electrical feeders, as they are called, will happen in phases," according to Lt. Col. David Reynolds, 65th Mission Support Group deputy commander. "Outages are planned each morning, Monday through

Wednesday as we bring the feeders on-line; however, while there is a definite plan for switching the feeders and timing the outages, don't assume just because the power went off and came back on that power has been permanently switched over. We are working with brand-new equipment and starting new systems, so changes to the plan may occur. Flexibility will be the key for all of Lajes as we work through this."

The following is a list of power outages that can be expected Monday-Wednesday as facilities switch to 50 hertz commercial power.

Approximately 8 a.m.

Monday: Power outages from 30 minutes to four hours in length for facilities in areas of the base containing Lower T, Nascor do Sol, the DODDS schools, the Passenger Terminal, Flightview BX, military and civilian personnel office, the fitness center and the chapel.

Between 8 a.m. and 12:30 p.m. Tuesday: Power outages again from 30 minutes to four hours that will affect Beira Mar, Oceanview Snackbar, the commissary and the main base exchange as well as the 65th Operations Support

See POWER, Page 6



USAFE

Airman Information File

September 2004

Bring Your Courage – What It Means

"Bring Your Courage." Hope you've seen and heard these words throughout USAFE. It's the official USAFE motto, and if there's ever been a command that brings its courage every day it's USAFE! Find courage in the dictionary and you'll see a definition describing physical, mental or moral strength to carry on in the face of danger or difficulty. You may have created your own definition of courage over the years based on real life. The definition is good to know, but taking it to the next level by putting it to use in your life is not always easy to do.

That is why we believe that courage is the most undernourished principle of leadership. In the end, you can have all the resources imaginable to complete a difficult task, but if you don't have the courage to execute, you'll fail. Leaders at all levels must have the courage to

step up and pull the trigger when required, to ensure successful mission completion.

History books are filled with stories of courage. For example, everybody knows George Washington was an early hero who displayed courage throughout his life. As a young commander, Washington fought against the French and Indians during the French and Indian War. In one battle, his unit was ambushed in the forest near Fort Duquesne. Under intense fire, he jumped on a horse and quickly rallied the men to take cover and fight. During the battle he had two horses shot from under him and four bullet holes through his jacket, yet he still pressed ahead and took the fight to the enemy. During the battle, the commanding officer was mortally wounded, so young Washington took command of the troops and

safely led them out of harm's way.

Clearly, this is an example of physical and mental courage in the face of danger.

Courage is often displayed on the battlefield, but it's not the only place courage is found. Mental and moral courage is needed in all jobs and at all levels throughout USAFE. It's displayed in Airmen who mentally stay engaged with their duties and maintain safe practices instead of taking dangerous short-cuts. Courage is also seen when Airmen make the tough call and do the right thing, even when peers pressure them to do otherwise.

George Washington brought his courage over two hundred years ago and you, the Airmen of USAFE, continue to build on his legacy. "Bring Your Courage" is not just a catchy motto—they're words to live by!

General Doc Foglesong

CMSgt Gary Coleman

Most respected air and space force *Celebrating 57 years of dedication, commitment*

**By Gen. Robert H. "Doc" Foglesong
Commander, U.S. Air Forces in Europe**

RAMSTEIN AIR BASE, Germany (USAFENS) - Fifty-seven years ago, with the passing of the National Security Act of 1947, a separate U.S. Air Force was born and signed into law by President Harry Truman. Appropriately, the president was flying at the time he signed the law.

The swearing in of the

first secretary of the Air Force, W. Stuart Symington, on Sept. 18, 1947, marks the official birthday of the Air Force becoming a distinct and separate U.S. military service. Up to that point, airpower had been provided by the Army Air Corps, which later became the Army Air Forces.

From the Berlin Airlift to today's continuing global war on terrorism, America's Airmen have served proudly; bringing courage to the fight with an unwavering

commitment of service before self as they answer the call of our nation and the world.

We owe a lot to the legions of airpower whose determination and vision led to a separate Air Force. Their rich legacy lives on through innovation, cutting-edge technology and recruiting and retaining the very best people our nation has to offer.

U.S. Air Forces in Europe Airmen continue the legacy of our service's forefathers

by supporting combat operations in Iraq, humanitarian operations in Algeria and training missions worldwide that build security cooperation and expand our expeditionary mindset.

To all the members of our great Air Force — active duty, Guard, Reserve, civilian, retired and families — thank you for your dedication and commitment. It is because of you that we are considered the most respected and feared air and space force in the world!



American ambassador to Portugal visits Lajes

by Tech. Sgt. Renee Kirkland
NCOIC, public affairs

Ambassador John Palmer visited team Lajes Sept. 10. This was the ambassador's first visit to Lajes since taking office more than two and a half years ago and he was impressed by what he saw.

"I wish I could spend more time here. I'm impressed with the base and the housing areas that I've seen are extremely nice. The views of the Atlantic Ocean make me a little envious of those who are stationed here. But the air base, the runway and the infrastructure here is a huge investment and a huge impressive facility."

All of his praise was not just for the facilities. The ambassador had much to say to the Airmen stationed here.

"I would like to say thank you. I'm impressed with our military. I'm impressed with our all volunteer force that has a terrific attitude and does a terrific job especially in times like this and just say thanks for the job you're doing."

The relationship between Portugal and the U.S. is a relationship that team Lajes helps foster. Ambassador Palmer believes that the relationship between our two countries is as strong as ever.

"As you know the government of Portugal has supported the policy of the United States on the war on terrorism. It supported us on our policy in Iraq. And for that the U.S. government is very grateful and it's recognized at the very top that Portugal is supportive. And so therefore, the relationship couldn't be better."

The US presence on Terceira is seen to have a significant impact on the US-Portugal relationship, the ambassador said.

"There is more and more activity here and the strategic value during these times has become more evident; you hear more discussion of it. Lajes and the Azores are, I think, more recognized and appreciated



Col. Barbara Jacobi, 65th Air Base Wing commander, gives Ambassador John Palmer, U.S. Ambassador to Portugal, an ABW cap Sept. 10. (Photo by Staff Sgt. Michelle Michaud)

than ever before. The relationship between Lajes and the local community flows back up to the embassy. The job we're (the embassy) to do includes enhancing everything from science and technology, defense and new capabilities and all of that flows to making one of my objectives of not only maintaining but enhancing our relationship with the government and the people of Portugal. And you (Lajes) do a great job in making that a very positive experience and enhancing what we are doing. I thank you for all that you do."

The future of Lajes seems bright.

"From what I know, the mission here

will become more important. I believe the mission here will definitely not go backwards. There will be more resources and the reorganization of the defense will enhance that," he said.

Ambassador Palmer had a final message to Team Lajes.

"The United States and Portugal have a very deep and long relationship dating far back into history. To see it (the relationship) today and it's stronger than it's ever been it has to flow back to the people who are here and represent the United States. So, I say thank you for all you do. Not just your responsibility for defense but in helping our relationship with a good ally."

Lajes Field history trivia

Q: Which of the following U.S. Presidents did not stop in at Lajes during their term in office? Dwight D. Eisenhower, John F. Kennedy, Lyndon B. Johnson, Richard M. Nixon, James E. Carter, or

George H. W. Bush?

Q: What was the last U.S. aircraft permanently assigned to Lajes Field?

Q: Does Lajes have the larg-

est fuel storage capacity in the USAF?

Q: Through the years, the wing at Lajes has been organized under many Major and Unified Commands — which of the following is not one of them?

ATC, AMC, USJFCOM, MATS, USACOM, ACC, TAC, USEUCOM, MAC, USAFE

Q: What historic mission did Lajes help support in January 16, 1991?

Answers on page 7

Lajes extensions need local OK

By Capt. Yvonne Levardi
Chief of public affairs

People assigned to Lajes Field must have Portuguese Air Force approval to extend their tour here past 36 months.

According to the Technical Agreement which establishes and describes the authorities U.S. Forces Azores has on Terceira, personnel stationed at Lajes can stay in the Azores for a period of three years, but to stay longer requires the permission of the Air Base No. 4 Commander.

"For all DEROS (date of expected return from overseas) extension requests that would place the member beyond 36 months total time on station, their request has to be processed through Portuguese channels for approval after the 65th Air Base Wing commander concurs with their request," said Master Sgt. Onofre Martin, 65th Mission Support Squadron, relocations and employments chief. "In

the past, packages take about 30 days to process for Portuguese coordination."

Military members at Lajes start with tours of 15 or 24 months. Those may be extended to 36 months if the squadron/cc recommends approval - and without Portuguese Air Force coordination - but the extension may be disapproved by United States Air Forces in Europe or Air Force Personnel Center, Sergeant Martin said. Members get their DEROS option paperwork about 10 months prior to the established DEROS.

"At that point, they have 30 days to make a decision whether to maintain their original DEROS or request an extension," Sergeant Martin said.

Master Sgt. Roger Alves' original DEROS was Aug. 10, 2004. When the former wing historian heard about the special duty assignment in the 65th Air Base Wing political affairs office, he decided to ap-

ply for the job, and began the extension process.

"It started with the DEROS Forecast/Election Option paperwork from the military personnel flight," he said. "That explained the options I had to choose from and what I needed to do to get approval."

When he elected to do a consecutive overseas tour, MPF staff explained that since it would put him at 48 months on station, he would have to complete an "over 36-month extension package."

"Once I turned that in, they would send it to the Portuguese Air Force for approval," Sergeant Alves said. "They also explained that approval was not automatic."

Sergeant Alves said it took a little longer than normal because the 65th MSS had just taken ownership of the DEROS extension process, but that once he turned in his extension package it only took about a month for the paperwork to come back.

Sergeant Martin said the Air Force member submits a request through his or her unit commander first for coordination. Then the request goes to the group commander, then the wing commander.

"At that point, the request is forwarded to the 65th Air Base Wing political affairs office for coordination and they process the request through the Portuguese channels," Sergeant Martin said. "Now, if the member's request is beyond the allowed two consecutive tours then requests must be forwarded to the 3rd Air Force commander and the USAFE vice commander for final approval."

Sergeant Alves said all told, it wasn't a difficult process but offers this advice:

"Start as soon as possible, prepare all the documents completely and turn them in on time," he said. "Most importantly: be patient and let the process run its course."

For more information on extensions, call 2-1366.

Holiday greetings



Capt. Joseph Zell and his family are miked up by Tech. Sgt. Johnnie Martinez as Tech. Sgt. Brady McCarron waits to film their holiday greeting. Members from the Hometown News Service taped approximately 250 holiday greetings from Team Lajes members during their two-day visit Monday-Tuesday. The news service has been recording holiday greetings of military members for 21 years. The purpose of the greetings is to broadcast good wishes to family members in the states. (Photo by Capt. Yvonne Levardi)

CFC kicks off

RANDOLPH AIR FORCE BASE, Texas - The 2004 - 2005 Combined Federal Campaign runs from Sept. 1 through Dec. 15 for bases within the continental United States. The CFC campaign here will be conducted from Oct. 4 through Dec. 3.

Exact dates and campaign goals are established in each geographic area by the Local Federal Coordinating Committee and are available through the installation CFC project officer.

The CFC was established in 1961 and is the largest workplace charity campaign in the country. This annual fall fund-raising drive allows nearly four million federal employees and military personnel to contribute to thousands of local and national nonprofit.

Last year, federal employees and military reached into their pockets to donate nearly \$250 million to the CFC. Contributions can be in cash, check or by payroll deduction.

On average, one in four Federal employees or their dependents will benefit from the CFC charities this year alone, according to officials. Donors may designate which charity, or charities, receives their money by filling out a pledge card.

Local CFC project officers have more information. The CFC website is at www.opm.gov/cfc.



Airman 1st Class Devin Day, 729th Air Mobility Squadron, lights candles at the base chapel during the 9/11 ceremony, Sept. 10. (Below) Approximately 200 Team Lajes members and their families attend the 9/11 memorial service.

Team Lajes remembers 9/11



Col. Barbara Jacobi, 65th Air Base Wing commander, holds up her "pocket patriot," that a young girl made for her and other military members at the base she was stationed at after 9/11 occurred. She showed the doll to the audience at the base chapel during the 9/11 memorial service, Sept. 10. (Photos by Airman Josie Kemp)

USAFE announces 2004 Extreme Summer winners

SEMBACH AIR BASE, Germany (USAFENS) — Headquarters U.S. Air Forces in Europe Services recently announced the Extreme Summer 2004 grand prize winners.

The program, which ran from May 10 – Aug. 31, provided USAFE youths, teens and adults opportunities to earn points and prizes for participating in services summer activities.

The program was open to all USAFE active duty military, Department of Defense civilians and their family members, 8-years-old and above, in four competition categories: Youth, Teen, E1-E5 and E6 and above.

Nearly 7,000 people participated in this year's program.

The winners are:

Youth Category: Conner Murray, Royal

Air Force Mildenhall, England; Mark-Anthony Martinez, Lajes Air Field, Azores

Teen Category: Christine Guionnaud, Incirlik Air Base, Turkey; Derek Foster, Lajes Field

E1 - E5 Category: Traci Keith, Kleine Brogel Air Base, Belgium; Rachel Whiteneck, Lajes Field

E6 and above Category: Carole Engelbaum, Ramstein Air Base, Germany; Dennis Baumgartner, Royal Air Force Lakenheath, England

Grand prize winners for the youth and teen categories receive an all-expense-paid trip to Walt Disney World in Florida. Along with passes to visit all four of Disney's theme parks, the trip includes round-trip airfare and hotel accommodations for four people.

Adult grand prize winners in each cat-

egory receive round-trip airfare, accommodations and VIP tickets to the Atlanta Motor Speedway for the ultimate NASCAR fan experience. The trip for two also consists of visiting the pits, meeting the drivers and VIP tickets to a NASCAR race.

Winners were selected randomly from the top 3 percent of participants who had collected the most points in each of the competition categories.

Other winners here were Hannah Peralta, wife of Tech. Sgt. Benjamin Peralta; Lisa Campbell, wife of Staff Sgt. Mark Campbell; Tanisha Moore, daughter of Master Sgt. Christopher Moore.

For a complete list of winners and prizes, visit the Extreme Summer Web site at: www.extremesummer.com.

POWER from page 1

Squadron headquarters, and facilities on the far north end of the base.

Approximately 10 a.m. Wednesday: Power outage will affect the entire base. This is a test of the emergency power back-up system. It should last no longer than 10 minutes.

All power outages will be directed through a battle staff directive and announced on AFN. Housing occupants are urged to unplug sensitive equipment such as computers and expensive television sets during the conversion start-up period. People using a 60 hertz-only uninterruptible power source on their computer should unplug the unit. These units will not work and can pose a hazard depending upon make and manufacturer.

Housing and base facility occupants should monitor appliances and lighting to ensure their operation at this time. For base facilities, if systems are not operational, report system failures to the facility manager who will in turn notify the civil engineer squadron. "Housing Residents should monitor AFN on battery powered radios for any changes or updates,"

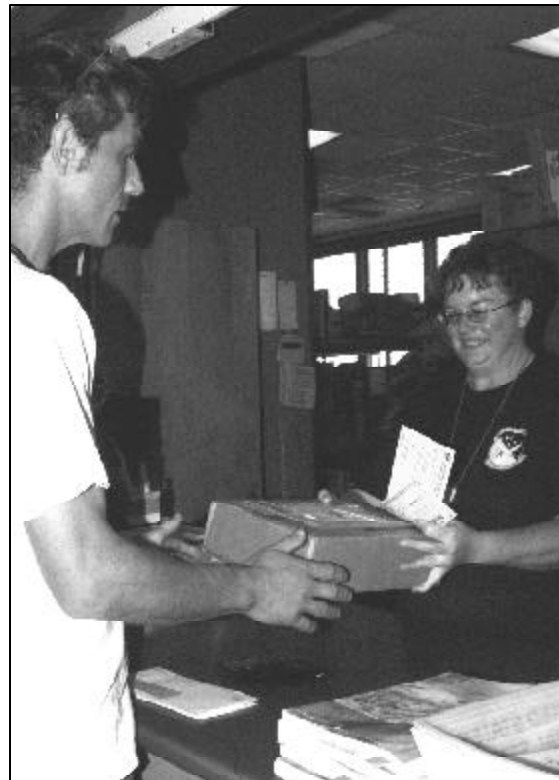
said 1st Lt. Robert Toney, 65th Civil Engineer Squadron. "Report any fire emergencies by dialing 9-1-1. Other emergencies should be directed to civil engineering control at 295-57-3335 or 295-57-2115."

According to communication squadron officials, telephones, land mobile radios, pagers and cellular phones should not be affected during power outages. However, the official base computer network will experience intermittent outages beginning at 9 a.m. Saturday to noon Wednesday. Housing residents with DSL computer service should see no interruption in their service while the base computer network is down.

In order to facilitate the need for constant updates, AFN radio, 96.1 FM, will extend their live broadcast schedule to 6 a.m.-5 p.m. Monday-Wednesday. AFN TV will experience a short outage early Monday morning.

The civil engineer squadron tells base personnel to expect interruptions to standard base services during these outages. Stay tuned to AFN radio for updates and a notice of completion of the changeover.

Postal volunteers



A customer at the post office receives a package from Anita Martinez, a volunteer that helps out at the post office three days a week. With the holidays approaching, the post office needs help from volunteers on Mondays, Thursdays and Saturdays. For more information, call Tech. Sgt. Stacy Servillon, postmaster, at 2-6171. (Photo by Capt. Yvonne Levardi)

Chief of staff outlines plans for fewer combat aircraft

by Master Sgt. Scott Elliott
Air Force Print News

WASHINGTON — The Air Force will have fewer fighters and strike aircraft, but the lethality of those that remain will increase, the service's top general said Sept. 13 at the 2004 Air Force Association's Air and Space Conference and Technology Exposition here.

Air Force Chief of Staff Gen. John P. Jumper said the service plans to reduce its number of combat aircraft. By reinvesting the potential savings from operating and maintaining those "surplus" aircraft, the Air Force can significantly improve the capability of those that remain, he said.

"I don't think that even reduced numbers ... will produce any less killing capacity," General Jumper said. "As a matter of fact, the lethality of even a reduced number of weapons systems will be extraordinarily increased over what we have right now."

To illustrate his point, the chief of staff reminded people of the successful test of a multi-unit bomb rack aboard the B-2 Spirit bomber that released 80 Global Positioning System-guided bombs.

"Eighty targets now are the potential for one airplane," he said. "So it's neither right nor proper for us to argue that the same force structure and size is required when the killing capacity of each of these systems goes dramatically up."

"It's already a matter of record that we plan on replacing an F-15 (Eagle), F-15E (Strike Eagle) and F-117 (Nighthawk) fleet that was numbered above 750 with F/A-22 (Raptors) in numbers around 400," General Jumper said.

Money saved from reducing the number of operational aircraft will then be used to improve the remaining fleet.

"We need to recapitalize the fleet, so we look at things like the A-10 (Thunderbolt II)," General Jumper said. "We can do that ... by taking savings from that reduction, as we did with the B-1, and make (the A-10) digitally capable."

While the number of F-15s may get smaller, the general promised gainful employment to those who fly and work with them.

"There is no need for anxiety on the part of anyone in the F-15 community — their jobs will not go away," he said. "We intend to make the airplanes we have more versatile."

Specifically, the chief of staff said the traditional air-to-air version of the F-15 (the C model) will pick up air-to-ground capability. General Jumper said the remaining F-15Es will have their capabilities expanded.

"With the advent of bombs we can release just based on a cross on a display that says where a target is, it makes it much easier for F-15Cs to play in the whole execution phase after air superiority has been attained, and be active in all phases of combat rather than just be in the air superiority phase," the general said.

"To me, it's good sense; it's good finance; it's good decision-making," he said.

Survey will measure personnel services delivery

by Tech. Sgt. David A. Jablonski
Air Force Print News

WASHINGTON — Airmen can help make their personnel services delivery system better through survey feedback beginning Sept. 20.

Air Force officials said they are transforming the way personnel services are delivered to make them more effective, efficient and timely. This PSD transformation uses technology to place the capability for conducting

routine personnel and pay transactions into the hands of Airmen via a Web-based system and contact centers, while minimizing the need for face-to-face dealings in an office.

"We must provide commanders the right people they need to accomplish the mission," said Lt. Gen. Roger A. Brady, deputy chief of staff for personnel.

"We are transforming how we provide service to our customers," he said. "This transformation will allow us to accomplish two major goals at the same time."

"First, we will continue our path of using technology to our advantage and push our transactional work to the Web and contact centers as soon as possible. This will allow our customers to access our services 24/7."

"Second, the remaining work will focus on supporting the operational mission — developing Airmen and ensuring we have the right people in the right place at the right time with the right skills and experiences. This realigns the personnel community from processing transactions to a more value-added, commander support role," he said.

Examples of this transformation are the "myPay" and "LeaveWeb" applications many Airmen are already using.

An important element of the PSD transformation effort is measuring customer perspectives as a baseline for the future improvement of service delivery methods, officials said.

The first two surveys being fielded will solicit perceptions on personal customer service satisfaction from military and civilian people of all ranks, and unit leadership perspectives from commanders, first sergeants, command chiefs and senior civilians. Each survey process will continue for several weeks.

The e-mail surveys sent to participants will be anonymous and responses will not be linked to e-mail addresses. While the participation in the survey is voluntary, a high response turnout from will enhance the study, officials said.

Lajes Field history trivia

Answers from page 3

A: George H. W. Bush — he was Vice President at the time. March 9 1986: Vice President George Bush visited Lajes to refuel and make an address to the community. He stopped on his way home from Portugal.

A: Navy P-3 Orions

were the last permanently assigned U.S. aircraft at Lajes Field. Since Dec. 1 1991, no P-3 aircraft had been assigned to Lajes because of the drawdown of military forces and shrinking military budgets. NAF Lajes was deactivated Sept. 30, 1993.

A: Lajes no longer has the USAF's largest fuel storage capacity — Guam

surpassed Lajes recently with the construction of two 4.2-million-gallon tanks (bringing their total capacity to 66 million gallons) — approximately 6 million more than Lajes Field.

A: The wing at Lajes was never organized under Tactical Air Command.

A: As part of the opening act of Operation Desert Storm, seven B-52Gs of the

596th Bomb Squadron, 2d Bomb Wing flew more than 14,000 miles and for more than 35 hours without landing to launch the newly developed AGM-86C conventional air-launched cruise missile (CALCM). They made their first aerial refueling with KC-135s out of Lajes Field, Azores. At the time, it was the longest combat sortie ever flown.



COMMENTARY

Youth soccer is reaching goals, not just winning

by Lt. Col. Kristen Nelson
65th Contracting Squadron
commander

I have a philosophy about youth soccer for 4 to 11 year olds: I think it should be about scoring goals. For kids that age, it shouldn't be about winning, just having fun or defense. It definitely shouldn't be about snacks at the end of the game, or a trophy at the end of the season.

The objective in soccer is to score goals. At the end of the allotted time, the team who scores the most goals wins. I agree – youth leagues shouldn't keep win/lose records. But I do think teams should track team and individual goals scored. It focuses the coach, team, limited practice time and parents on one objective: scoring goals.

This does several things. It makes it easy to know if the team and players are meeting the objective. It also identifies the "ball hog." Few can improve on a team with a ball hog. That one player fails to learn team play and the others get complacent. But most importantly, scoring goals promotes a life lesson: don't give up until your team scores the goal.

Picture your child on the

soccer field. She drives the ball down the field. She passes to a teammate then gets back in position to receive the next pass. He kicks it where the goalie isn't. She's ready to recover and scores off the rebound. They all celebrate wildly but briefly and then go back to work. Isn't this ethic what we want in our children? Work hard and achieve; don't give up until your team scores the goal.

Youth soccer is not about winning. Winning is a great thing but not to the detriment of other lessons like sportsmanship, fair play, and equal opportunity to improve and to try all positions on the field. A focus on winning influences a coach's decisions to field the better player or the better goalie; to let the tall kid throw in from the side even though it's out of his position; to make everyone pass to Johnny when time is running out; to ignore the ball hog. These concepts are OK for teenagers, but youth soccer is about a broader kind of winning.

Youth soccer isn't just about having fun. It often can be, but I've left games where I didn't have fun. I've seen teams get crushed. I've watched kids choose oranges over playing the second half. I've watched kids kick the dirt as the ball

rolls by. But when the game was over, the coach said, "We had fun." Kids need to learn that the goal isn't to have fun, it's to feel the satisfaction that comes from working hard as a team to achieve an objective.

Youth soccer is not just about defense. Nobody learns to play soccer from the backfield. No big kid slims down by being the goalie every week. No slow kid gets faster by being the fullback. No fullback learns the thrill of goal scoring when the coach warns her, "Don't go past the centerline." Bad habits come from defense. Wait until the ball gets into the box...just kick it out of bounds. Wouldn't it be exciting to watch a fullback dribble as far as she can, pass it to a teammate, then wait near the center for the rebound off the goal post, excited to be part of a possible score? It's more fun than watching her chat to the goalie. And what about the goalie? He learns that he is special: special shirt, special gloves and special rules. Life is not about waiting for the action to come to you or living by special rules. Life is not about defense.

Youth soccer is not about snacks at the end of the game or who can bring the most colorful drink. It's about physical fitness as an alterna-

tive to junk food, playing hard until the whistle blows and the sweet reward of participation and sweat. It's about enrichment junk food can't provide; it's about putting the ball in the goal.

Youth soccer is not about a trophy bought by Mom and Dad. Kick the dirt, get a trophy. What kind of life lesson is that? Kids should learn to be proud of their performance, and parents need to praise their child's hard work. The joy of scoring a goal will live on while the hand-out trophy is in the PCS box in the garage.

I have a few suggestions I think will make coaching and soccer parenting easier.

—Only practice scoring; especially rebounding and corner kicks.

—Keep track of goals scored. Praise the goal-scorers, those who assisted and encourage the rest to score during the next outing.

—No oranges or junk snacks.

—No trophies.

—Keep parents in the loop to promote your ideas.

Youth soccer is about scoring goals. Scoring goals promotes teamwork, excitement and life lessons. It's the only "goal" that really matters.

Programming choice

Question:

How does AFN decide what airs on the radio, and could they offer a Christian music hour?

Answer:

AFN conducts regular audience surveys to determine the musical tastes of our listening audience. We then schedule the most popular music formats in our live shows and schedule a variety of formats at key programming hours.

AFN airs three hours of religious programming provided via by the AFN network from 5-8 a.m. Sunday mornings on AM 1503. AFN outlets may only air music provided by the American Forces Radio and Television Service (AFRTS). Additionally, religious material must be approved by the Armed Forces Chaplains Board religious programming coordinator at the Defense Media Center. Because of that, AFN receives a limited amount of "Christian" music – and it is



typically music that "crosses over" into the "popular" music charts.



This funded Air Force newspaper is an authorized weekly publication for members of the U.S. military services overseas.

Contents of the *Crossroads* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

The editorial content is provided, edited and prepared by the Public Affairs Office of Lajes Field.

The *Crossroads* staff encourages its readers to call or e-mail with ideas or corrections. Call 2-3347 to speak to a *Crossroads* staff member or e-mail us at news@lajes.af.mil.

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Vehicle inspection a must

POVs/motorcycles need to be inspected within 45 days

Americans stationed at Lajes Field need to have their privately owned vehicles inspected at the Portuguese Vehicle Inspection Center located next to the commercial port in Cabo da Praia.

These regular inspections are necessary to ensure vehicles meet European Union's safety and environmental standards.

All POVs that arrive to the island, including motorcycles, need to be inspected within 45 days of their arrival regardless of the vehicles' age and category. Following the initial inspection, they will need to be inspected again when they are four, six and eight year's old respectively. After the eighth year, the inspection is only good for one year.

However, cargo trucks such as pick up trucks need to be inspected again when they are two years old and then annually.

Americans who take their POVs to the inspection center must bring the vehicle's registration, proof of insurance and the last inspection records if the vehicle has been inspected before.

According to the center's technical director, Senhor Antonio Costa, owners should ensure their vehicle complies with all the requirements. "We will look at almost everything from the braking system, lights, steering, exhaust system, engine's identification plate, seat belts, horn, suspension and tires to the vehicle's body (inside and outside)," he said.

All vehicles also need to have rear mud flaps and a rear fog light installed before they can pass inspection. It's also mandatory to keep a warning triangle in the vehicle so it can be placed on the road when there is a need to warn other drivers of your vehicle's presence during a breakdown, especially at night.

"Tinted windows are also a problem here," Senhor Costa explained. "According to Portuguese legislation, it's prohibited to have the vehicle's windows covered with a tinted film. However, those vehicles



with original factory-made smoked tinted windows, which should be clear and without film, will pass the inspection."

Vehicles that fail an inspection for any reason will have 60 days to repair discrepancies and be re-inspected. After they pass the inspection, they will be issued a sticker with the inspection's expiration date which should be placed on the passenger side of the windshield in a visible way.

Inspections can be scheduled at the center during normal duty hours or by phone at 295-540-280. Each initial inspection costs 27.60 euros while re-inspection costs 16 euros.



Everyday Hero

Senior Airman
Angelique Avendano

65th Mission Support
Squadron

Duty title: Formal training/re-training technician

Job description: I process member's TDY orders, retraining applications and SNCO/NCOA orders.

Time in the Air Force: Three years, five months

Time at Lajes: 13 months

What's the best aspect of your job: I have the opportunity to award member's with a job of their choice.

What are your career goals: I want to have the opportunity to become a T.I. and chief master sergeant.

Best Air Force experience: Basic training and my first duty station.

Life goal: I would love to work as a human resource manager for MTV or BET.

Hometown: Elizabeth, N.J.

One word to describe you: Energetic

Hobbies: Movies, dancing and watching videos!!

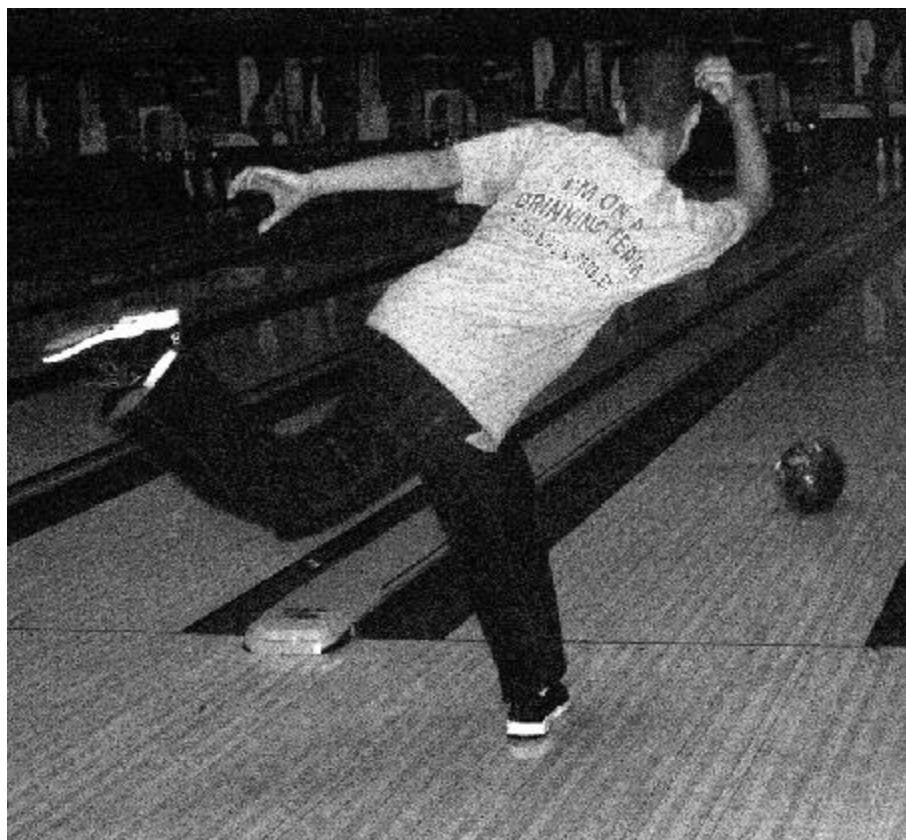
Favorite food: Red Lobster and brisket

Favorite color: Yellow

No one knows I: want to get married and have kids.... NOW!!!!

When I was growing up, I wanted to be: A Hip-Hop dancer or MC

If I could have only one kind of food, it would be: My mom's rice, beans and ribs, with a little green bananas



Keep it rolling

Paul Hernandez, 65th Communications Squadron, smoothly releases the ball on the alley during a fundraising bowling tournament at the Hillside Lanes Sept. 14. (Photo by Tech. Sgt. Renee Kirkland)

Aerobics schedule

Monday

Step and tone	8:30 a.m. - Val
Aeromix	noon - Celia
Step	5:15 p.m. - Val
Cardio-kickbox	6:15 p.m. - Val

Tuesday

Circuit training	9:30 a.m. - Celia
Cardio-kickbox	5:15 p.m. - Robin

Wednesday

Step and tone	8:30 a.m. - Val
Aeromix	noon - Celia
Step	5:15 p.m. - Val
Tone	6:15 p.m. - Val

Thursday

Circuit training	9:30 a.m. - Celia
Cardio-kickbox	5:15 p.m. - Robin

Friday

Step and tone	8:30 a.m. - Val
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For more information, call 2-5151.



Staying fit



Jesse Hakala, 65th Communications Squadron, works out his lower back muscles at the Chace Fitness Center Sept. 15. All active-duty members are reminded to log all workouts in Fitlinxx either at a terminal in the fitness center or at home. (Photo by Tech. Sgt. Renee Kirkland)

PLANNER

Changes or updates to this page should be sent to news@lajes.af.mil

AAFES

Flight View BX: 10 a.m.-6 p.m., Mon., Tue., Thu.-Sat.; 10 a.m.-8 p.m., Wed.; 10 a.m.-5 p.m., Sun.

Ocean Front BX: 10 a.m.-6 p.m., Mon.-Wed.; 10 a.m.-8 p.m., Thu.-Sat.; 10 a.m.-5 p.m., Sun.

Shoppette: 9 a.m.-11 p.m., Mon.-Sat.; 10 a.m.-8 p.m., Sun.

Beauty shop: 10 a.m.-6 p.m., Tue.-Sat.

Dry cleaners: 9 a.m.-1 p.m., Mon.; 10 a.m.-6 p.m., Tue.-Fri.; 10 a.m.-4 p.m., Sat.

Gas station: 10 a.m.-5 p.m., Sun., Mon. (gas only); 10 a.m.-6 p.m., Tue.-Sat.

Lajes services

Child development center: 7 a.m.-5:30 p.m., Mon.-Fri.

Community activities center: 10 a.m.-8 p.m., Tue.-Sat.; noon-5 p.m., Sun.

Commissary: 10 a.m.-6 p.m., Mon.-Wed., Fri., Sat.; 10 a.m.-7 p.m., Thu.

Chace Fitness Center: 5 a.m.-midnight, Mon.-Fri.; 8

a.m.-7 p.m., Sat., Sun.

Library: 4-9 p.m., Mon.; 10 a.m.-9 p.m., Tue.-Thu.; 10 a.m.-6 p.m., Fri.; 10 a.m.-5 p.m., Sat., Sun.

Outdoor recreation: 10 a.m.-7 p.m., Tue.-Sat.; 11 a.m.-7 p.m., Sun.

Skills development center: noon-8 p.m., Tue.-Thu.; 10 a.m.-6 p.m., Fri., Sat.

Thrift Shop: 12:30-4:30 p.m., Mon. and Wed.; 10 a.m.-2 p.m., Fri and 1st Saturday of the month.

Vet Clinic: 8 a.m.-2 p.m., Mon., Tues., Thurs., Fri.; noon-6 p.m. 1st and 3rd Wed.; 2-8 p.m., 2nd and 4th Wed.

Youth and teen center: 3-6 p.m., Mon.-Sat.; 8 p.m.-mid-

Meal time

night, Fri., Sat.

Burger King: 7 a.m.-11 p.m., Mon.-Thu.; 7 a.m.-12:30 a.m., Fri.; 8 a.m.-12:30 a.m., Sat.; 7 a.m.-10:30 p.m., Sun.

Dining hall: Breakfast 6-8:30 a.m., lunch 11 a.m.-1:30 p.m., dinner 4-7 p.m., midnight meal 11 p.m.-1:30 a.m., Mon.-Fri., 11 p.m.-1 a.m., Sat.; Brunch

7 a.m.-1 p.m., supper 4-7 p.m., Sat., Sun.

Oceanview Island Grill: 11 a.m.-11 p.m., Mon.-Sun. Lunch specials: Mon., roasted chicken or meatball sandwich; Tue., 16" pizza w/2 toppings; Wed., Fried shrimp; Thu., 16" pizza w/1 topping or taco salad; Fri., Lasagna. Specials come with fries or salad, and a drink. Pizza specials only come with drinks.

Top of the Rock club: Lunch 11 a.m.-1:30 p.m., Mon.-Fri.; brunch 8:30 a.m.-noon, Sat.; dinner 5-9 p.m., Tue.-Sat. Lunch buffets and specials: Mon., Southern buffet; Tue., Mexican buffet; Wed., Italian buffet, family dinner buffet; Thu., Oriental buffet, 2-4-1 steak night; Fri., seafood buffet, Prime & Wine dinner; Huff

Chapel services

& Fin dinner special.

Adoration and rosary: 3 p.m., Mon.-Fri.; 5:40 p.m., Sun. **Mass:** 5 p.m., Sun.-Fri.

Meditation and prayer: 6:30 a.m., Mon.-Fri.

Monday
Protestant women's spiritual

fitness training, 7 p.m.

Tuesday
Catholic Women of the Chapel, 7 p.m., 3rd Tuesday

Wednesday
Men's spiritual fitness training/lunch, noon; Working women's spiritual fitness training/lunch, noon; Catholic Men of the Chapel, 6 p.m., 2nd Wednesday; Traditional choir practice, 6 p.m.; Bell choir practice, 7 p.m.; Catholic choir rehearsal, 7:15 p.m.

Thursday
Gospel Praise Team practice, 7 p.m.; Gospel Choir Practice, 7 p.m.; Men's spiritual fitness training, 7 p.m.

Friday
CWOC Mass, 5:30 p.m., 1st Fri.; Teen Movie Night, 7 p.m.

Saturday
Mass, 10 a.m.

Sunday
Traditional Protestant service, 9 a.m.; Confessions, 9:45 a.m.; Traditional Protestant fellowship, 10 a.m.; Mass, 10:30 a.m.; Gospel service & fellowship, noon; Catholic youth organization, noon; Catholic choir rehearsal, 4 p.m.; Rosary and adoration, 5:40 p.m.; Protestant Youth/Teens of the Chapel, 6:15 p.m.



Friday: 7 p.m., "The Bourne Supremacy," rated PG-13 for violence, intense action and brief language. Cast includes Matt Damon and Franka Potente. When a Chinese vice-premier is executed by notorious assassin Jason Borune, it causes serious trouble and hubbub in the CIA. Why? There is no "Jason Borune" as that name is just a cover for CIA agent David Webb, so it appears that someone has taken the "Bourne identity" away from him, creating a diplomatic crisis between the USA and China.

Saturday: 7 p.m., "Thunderbirds," rated PG for action violence and some sensuality. Cast includes Bill Paxton and Ben Kingsley. When dangerous situations exceed the limitations of ordinary military and international security forces, the world calls upon the high-tech assistance of International Rescue - a mysterious band of fearless adventurers and their fleet of awesome, imaginatively engineered vehicles known as: Thunderbirds.

Sunday: 7 p.m., "The Bourne Supremacy."

Wednesday: 7 p.m., "Thunderbirds."

Thursday: 7 p.m., "The Bourne Supremacy."

Effective Oct. 15, AAFES Reel Time Theater admission prices increase \$.50 for adults and \$.25 for children. This is the first increase in 10 years.

For information about the movie schedule, call the base theater at 2-3302.

AFN Sports on TV

Friday

AFN-Atlantic
MLB: 9 p.m.

AFN-Pacific
College football:
Connecticut @ Boston College, 10 p.m.

AFN-Sports
College football:
California @ Southern Mississippi, 4 p.m.
MLB: 9 p.m.

Saturday

AFN-Atlantic
College football: 2 p.m., 5:30 p.m.

AFN-Pacific
College football: 2 p.m., 5:30 p.m., 10 p.m.

AFN-Sports
MLB: midnight, 5 a.m.
Ryder Cup Golf

Tournament: USA vs. Europe, 2 p.m.
College football:
Notre Dame @ Michigan State, 9 p.m.

Sunday

AFN-Atlantic
College football: 9 a.m.
NFL: 3 p.m., 6 p.m.

AFN-Pacific
NFL: 3 p.m., 6 p.m.

AFN-Sports
College football: USC @ BYU, midnight
MLB: 5 a.m.
NASCAR Craftsman truck series: Hampshire 200, 9 a.m.
Ryder Cup Golf
Tournament: USA vs. Europe, 2 p.m.
NFL: 8 p.m.
NFL: Miami Dolphins @ Cincinnati Bengals, 10:30 p.m.

EVENTS

The deadline for Crossroads ads is one week out, or the Friday prior to the paper date. Submit announcements weekly in normal text with the what, when, where, who, why and contact info in an e-mail to news@lajes.af.mil. Dates and times should be in civilian format, and include full name of P.O.C.

Bullfights

Saturday: Amoreiras (past Nascido do Sol residential area), 6 p.m.; Terreiro, Posto Santo, 6 p.m.

Sunday: Rua Padre Rocha Sousa, Praia, 5 p.m.

Tuesday: Pesqueiro, Sao Bartolomeu, 6 p.m.

Wednesday: Porto Martins, 5 p.m.

Thursday: Porto Martins, 5 p.m.

Closures/shifts

Claims office: The claims office will be closed Monday - Oct. 1 for fiscal year changeover. Services will still be available for claimants turning in their DD Form 1840's and claimants at their two-year mark.

Events

Federal jobs: A class on applying for federal jobs is 6-8:30 p.m. Sept. 29 at the family support center. For more information, call 2-4138.

AfE shows: "Pearls of the Pacific," an authentic Polynesian song and dance show is at 7 p.m. Sept. 20 at the community activities center. Country singer Angela Martinez is at 7 p.m. Sept. 26 at the Top of the Rock club.

Bowling specials: Bowl from 11 a.m.-1:30 p.m. Wednesday-Fridays for only \$1 a game. Game is free if the head pin is the "magic red pin." Limit is one per game. For details, call 2-6169/6210.

Birthday bowling: The Hillside Lanes bowling center now has birthday packages available. Reservations are required at least 72 hours prior with a \$25.00 deposit. Cancellations will be accepted up to 24 hours prior with a full refund. For details, call Rich Christie at 2-6169/6210.

X-Box tourney: The quarterly X-Box tournament is at 3 p.m. Sept. 18 in the community center. A dry run will be at 3 p.m. Thursday. The tournament is open to active

duty military ages 18 to 25 years old. Game is "Crimson Skies." Register by Tuesday. For more information, call the CAC at 2-4135.

Terceira Island Circle: Meet new people and learn how to make a mini scrapbook from 6-8 p.m. Oct. 6 at the family support center. All supplies are provided. For more information and to register, call Elsa Summers at 2-4138.

Football Frenzy: The frenzy for ages 12 and up begins 4 p.m. Sunday at the Top of the Rock club. The Bits and Bites menu will be available along with a members-only buffet at halftime. Club members have a chance to win Super Bowl tickets, pro bowl tickets, plasma TV and an X-Box game system on super bowl Sunday.

Wacky racer: A soapbox derby is at noon, Sept. 25 at the Top of the Rock Club. There will be a jumping castle, dunk tank, entertainment DJ, food & drink, hill run, door prizes for club members and prizes for racers. For more information, call Kara Warren at 2-3202.

Classes

CCAF info: A seminar on how to get a Community College of the Air Force degree is from 11-11:45 a.m. and noon-12:45 p.m. Sept. 20 in Bldg. T-400, room 219. RSVP to matthew.kaczor@lajes.af.mil.

Personality type: People can learn about their personality and others by taking the Myers-Briggs type indicator. Class is noon-1 p.m. Sept. 22 at the family support center. For more information or to register, call Elsa Summers at 2-4138.

123 Magic: Parents of children 2-12 years old can learn easy and effective ways to stop negative and start positive behavior. The two-part class is 6:30-8:30 p.m. Sept. 21 and 28. For more information or to register, call Elsa Summers at 2-4138.

Obedience training: Dog obedience training will be held Wednesday, at 6:30 p.m., in Bldg. T-605, across from the

passenger terminal. Registration deadline is Tuesday. Age participation is 18 years and up. Must call the atlantic island kennels to sign up for the seminar. After the seminar, sign up and payment is due for the six week course. For more information, call Jodi Dean at 2-3855.

Education Center

Federal resume: A resume-building class is 6-8:30 p.m. Wednesday at the family support center. For more information, call 2-4138.

Master's classes: The University of Oklahoma's "Intervention and Practice in Training" runs Oct. 19-24. Enroll by Sept. 20. "Assessment and Evaluation in HR Training" runs Nov. 30-Dec. 5. Enroll by Nov. 1. For more information, call Kalina Hill at 2-3355.

Tuition assistance: The last day for issuing of tuition assistance for FY04 is Friday. For more information, call the education office at 2-3355.

Spouse tuition: Spouse tuition assistance forms for term two are due by close of business Oct. 7 to the Central Texas College office. For more information, call Kimberly Henne at 2-3355.

CTC course: Central Texas College is offering the Early Childhood Education program. Registration is Oct. 11-22. The first class is "Family and the Community." For more information, call CTC at 2-6722.

ERAU classes: Registration for Embry-Riddle Aeronautical University Oct. 15 undergraduate distance learning courses. Registration for Nov. 7 classes is through Oct. 14. For more information, call Terra Schellig at 2-3375.

Volunteers/jobs

CONS jobs: The 65th Contracting Squadron has a position available for a computer technician. To apply, stop by the second floor of Bldg. T-615 and pick up a package. For more information, call Airman

1st Class Bethany Schwartzkopf at 2-6855.

Native month: Volunteers are needed to plan and organize events for Native American Heritage month in November. If interested, call 2-6111/6282.

Thrift shop: The thrift shop is looking for volunteer sales representatives to assist with stocking, organizing, sales and consignments. For more information, call the thrift shop at 2-3567.

Miscellaneous

Pet adoptions: The veterinary clinic will only accept puppies or kittens - no adult animals - from base families for adopting out, and will not accept stray animals at all. People turning in animals for adoption must pay for vaccinations, deworming and boarding cost. For more information, call the clinic at 2-3134.

Retraining: The Fiscal Year 2005 retraining program has been released. Members with a 2005 DEROS interested in retraining should call Senior Airman Angelique Avendano in personnel employments at 2-5203/5143 for more information.

Classified

Ads must be submitted via e-mail to news@lajes.af.mil. Ads are due by 5

Dark hardwood, antique chest for sale in great condition \$650 or best offer. If interested call Bernice Nunes at 2-5233 or 912-575-137.

For sale: 1993 Daihatsu Feroza (Euro Spec) 2 dr, 4wd, 5 spd, PW, PL, AC, AM/FM Stereo Cassette, sunroof, removable rear window and removable rear hardtop. Runs great and gets great gas mileage. \$3500 obo. Call Tim or Amy at 295-515-720

FREE cats to good home. Frenchie and Cotton are great cats but unfortunately a member of our family is allergic to them. They don't have to go together. Both are females. Please call Olenda or Rafael at 295-549-752 for more information.